

*Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.*

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.



Unitarian Universalist  
Fellowship of  
Central Michigan

*Open Arms • Open Minds • Open Hearts*

## **“It’s All Right to Cry”**

**Sunday, May 10, 2026  
10:30 a.m.**

**Worship Leader:  
Rev. Drew Frantz**

**Worship Associate:  
Guy Newland**

*“It’s all right to cry,  
Crying gets the sad out of you.  
It’s all right to cry,  
It might make you feel better.”*

-lyrics by Carol Hall,  
performed by Rosey Grier



**Opening Song #346:  
“Come, Sing a Song with Me”**

**Greeting Time**

**Welcome**

**Chalice Lighting**

**Story for All Ages:  
“Tears” by Sibylle Delacroix**

**Singing Out the Children**  
*As you go, my heart goes with you.  
Peace be with you ‘til we meet again.*

**Choir Anthem: “Pachelbel’s  
Peace Meditation”**

**Sharing of Joys and Concerns**  
*Congregational response:  
“Holding you in love”*

**Meditation & Prayer**

**Sacred Song #123: “Spirit of Life”**

*Spirit of Life, come unto me.  
Sing in my heart  
all the stirrings of compassion.  
Blow in the wind, rise in the sea;  
move in the hand,  
giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.*

**Offertory**

**Crying Poems**

**Morning Message**

**Closing Hymn #354:  
“We Laugh, We Cry”**

**Chalice Extinguishing**  
*We extinguish this flame,  
but not the light of truth,  
the warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.*

**Announcements**

**Benediction**