

Soulful Sundown - October 7

Join us on the first Thursday of the month for an uplifting service of songs, drumming, poetry, and reflection, beginning at 7 p.m. All are welcome: all ages, all genders, colors, beliefs. This month's theme is Cultivating Relationship. This will be a hybrid event. Join us in person if you are vaccinated (and please wear your mask), or join us via Zoom.

Coffee House Open Mic - October 8

Bring your favorite beverage and join us for a coffee house on the first Friday of the month at 7pm. We will follow an open mic format: anyone can share some music or poetry. Aim for 5 minutes for your song or poem. Signing up ahead of time is encouraged: contact Drew at minister.uufcm.org or 440-935-0129. Get ready for a groovy time! This will be a hybrid event. Join us in person if you are vaccinated (and please wear your mask), or join us via Zoom.

Want to Be of Help?

The Arms Around committee wants to increase the number of volunteers. This care committee responds to Joys and Concerns, drives people to doctor appointments, makes meals, and runs errands for patients recovering at home. We are looking for people who would like to be drivers or provide help with errands or meals. Our goal is to have enough people on the volunteer list that each one will only be called occasionally. Please contact Gisela (gbmoffit@gmail.com) for more information and to sign up. Thank you in advance.

UUFCM Flower Connection

This is the time of year when we start cleaning up our gardens, removing wilted and half-dead flowers and the ever-present weeds. Instead of throwing them all out, could you cut off the seed heads of perennial flowers and save the seeds in bags labeled with the names of the flowers? Get them to Gisela by December so that we can share them in the spring and make our connections with one another visible in our gardens.



Unitarian Universalist
Fellowship of
Central Michigan

Open Arms • Open Minds • Open Hearts

The Week Ahead at UUFCM...

Sun	10/3	1:00 p.m.	Fellowship Life Coord. Team Meeting
Mon	10/4	7:00 p.m.	UUFCM Men's Group
Tue	10/5	6:45 p.m.	Central Michigan Sangha
Wed	10/6	10:00 a.m.	UU Discussion Group at UUFCM
		7:00 p.m.	Adult RE: Retirement
		7:00 p.m.	Choir Rehearsal
Thurs	10/7	7:00 p.m.	Soulful Sundown
Fri	10/8	7:00 p.m.	Coffee House Open Mic
Sun	10/10	10:30 a.m.	Worship Service
		1:00 p.m.	UUFCM Board Meeting

For complete information, please see calendar at uufcm.org/calendar

UUFCM Men's Group - October 4

The UU men's group meets on the 1st Mondays at 7pm via Zoom, unless otherwise notified. We meet primarily for social reasons - to get to know each other better and to provide support when called for. We normally have general conversations of both public and personal issues instead of formal discussions. Contact Jim Dealing with questions. All are welcome.

Adult RE: Retirement Begins October 6

Is the idea of retirement a positive or a negative for you? Americans are particularly ambivalent about retirement. Our ideas about age and about work encourage many of us to avoid thinking about retirement and to put it off as long as we can, and retirement doesn't work for some people. Indeed, after retirement many choose to go back to work and not primarily for economic reasons. Yet, an international survey identified the decade of the sixties as the most satisfying time of life, a time of enhanced freedom and opportunity.

On the four Wednesdays in October, Jim Dealing will facilitate discussion of this important chapter in our lives. The plan is to include retirees and those not yet retired, to discuss in small groups their concerns and their experience. We will discuss the pros and cons of retirement, exploring a variety of relevant issues, including health, social connections, meaning and purpose, and spiritual dimensions. The objective is how best to make the most of this time. The class will run from 7-8 or 8:30pm, and will be held via Zoom.

The link to the meeting can be found at UUFCM.org/calendar. Please let Jim Dealing know if you are or may be interested in participating.